



**Job Title:** Head Physiotherapist / Sports Therapist

**Responsible To:** The 1<sup>st</sup> Team Management Staff

**Salary:** Competitive

**Contract Type:** Permanent (Full-Time)

**Job Role:** The successful candidate would be responsible for delivering a comprehensive and multidisciplinary physiotherapy service for the Torquay United first team squad.

#### **Duties & Responsibilities**

- To lead in the assessment, treatment and rehabilitation of all first team players, producing injury rehabilitation programmes for all players.
- Organise, develop and implement a comprehensive movement screening assessment for all first team players and, based upon the movement assessment findings, provide physical improvement stretch and strengthening exercises.
- Lead on a strength and conditioning programme.
- Lead in the education of all players in terms of injury prevention, injury care, healthy lifestyles and drug awareness.
- Test players through Return to Train procedures prior to resuming full training.
- Measure and record changes in at risk players through daily testing.
- Undertake periodic squad fitness testing and body mass measurement.
- Provide daily reports on player injuries and progress on recovery programmes including an update on injuries after each match and training session.
- Supervise, assist and educate the youth development sports therapist in any relevant treatment matters. Design and implement a movement screening programme and educate through pre-activation, prehab/rehab protocols.
- Lead the delivery of early, mid, and end stage rehabilitation/conditioning sessions on the grass and in the gym.
- In liaison with the youth development sports therapist, cover all first team, reserve team, and youth development matches.
- Ensure the management of injuries effectively meets its commitments to the players, coaches, and senior management through the keeping of clinical audits and accurate documentation.

- To play a lead role within pre-signing medicals of all first team players.
- To produce the pre-signing medical report once the medical is completed.
- To liaise with external organizations and to book all scans, consultations, operations and to accompany players to consultation appointments.
- Produce an injury audit on a 12-week basis and to inform football staff of improvements or adjustments to the training programme.
- Ensure all medical equipment and procedures are regularly reviewed and maintained.
- Produce and maintain emergency action plans and department procedures for the training ground and on match days.
- To keep CPD up to date.

### Essential Criteria

BSc (Hons) in Physiotherapy or Sports Therapy or above.

FA Level 4 Intermediate Trauma Medical Management in Football (ITMMiF) or in date IFAS certificate.

Excellent written, numeracy, verbal, and communication skills

The ability to work as part of a team with minimal supervision

Microsoft Word, Excel, and PowerPoint literate.

### Desirable Criteria

Demonstrable post qualification experience

A member of the Health and Care Professions Council (HCPC) or the Chartered Society of Physiotherapists (MCSP)

**The above job description is not intended to be exhaustive, and the duties and responsibilities may change over time according to the needs of the Club.**

*Torquay United is an equal opportunities employer and positively encourages applications from suitably qualified and eligible candidates.*

*Torquay United Football Club is committed to safeguarding children and vulnerable adults and colleagues are expected to contribute to the delivery of our safeguarding policy and procedures. Some posts may require the employee to undertake an enhanced disclosure check by The Disclosure and Barring Service.*

Candidates should send a CV and covering letter to: [vacancies@torquayunited.com](mailto:vacancies@torquayunited.com)

Closing Date: 4<sup>th</sup> June 2018